

See Emilie's article on page 2-3.

Foulke

—WAYS

Volume LIII

No. 5

May 2020

Foulkeways
Bulletin

The news and views
of residents
of Foulkeways
at Gwynedd, PA



Thank You



Emilie Harting



**We appreciate
all of the support
by administration and
staff in these pandemic days**

Reactions to Our Art Show

We expect that the remarkable art show by residents will be up through June. The next time you get your mail, make sure to walk slowly and look again—keeping social distance, of course. Here are some reactions to the question: what items in the art show were you particularly drawn to?

— Emilie Harting



Cathie Minehart: Looking at Hadley Robertson's watercolor of three young ladies peacefully daydreaming in a setting much like Foulkeways has been good for me in these days of quarantine. The brilliance of the sunlight is positive and refreshing. Hadley brings to the gallery a quiet time, a comfortable time, reminding us we are safe in our "homes" with our own daydreams. Penny Ross's very large canvas near the fireplace really captures the spirit of the Poconos with cabins and lake houses in the woods. Bill McGuckin's elegant low table made out of an ash trunk reminds me of the many ash trees that had to be cut down all over Pennsylvania.



Peg Kregel: I saw so much I liked. The exhibit shows the skills and talents of many residents. There's so much variety and many styles, from botanical drawings to the large abstract painting near the fireplace by Penny Ross.



Sam Hogg: I loved Sae Wilson's drawing of a young girl—so beautiful, lifelike and realistic. It triggered thoughts of a Wyeth painting my mother had.



Claire Carey: I was struck by Sandy Rotenberg's quilt just outside the Gatherings, and also Janet Henderson's image of an apple.



Nancy Nitzberg: Overall, I was impressed by the variety of media, and the refreshing nature of so many of the pieces. I particularly admired the use of color and technique in Andy Anderson's watercolor, the drawing skills of Betty Anderson and Sae Wilson, and Anne Baldwin's delightful print with an element of humor in chaos. I admired the surreal portrait of Frida Kahlo by Deb Sardaro. Hadley Robertson's beautiful painting of three girls in a landscape reminded me of the quietude of Winslow Homer's serene images of children. Sandy Rotenberg's textile mural is



Foulkeways Annual Community Art Show

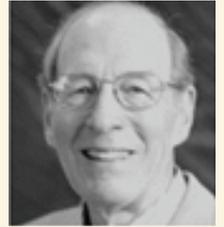
Photographs of art and crafts by Don Griffin
Residents portraits by Francis Ashton





skillfully constructed with a fine understanding of color and perspective. Last but not least, I was struck by Lily Spiegelman's contributions, both the seaport painting in the Fauvist style, and the extremely moving ceramic sculptural figure previously displayed.

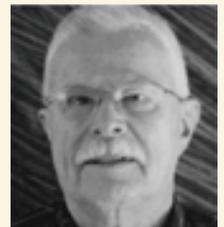
Dick Reller: Sae Wilson's girl looking over her shoulder.



Meg Rothschild: Two pictures I was attracted to were distinctly different from each other. The first was nebulous and had many colors. I found it very appealing. The other one, by Chris Clayton, was of a woman who had been playing tennis.



Pam and Mike Sharp, observations made together: Each of the pieces of artwork are so special and we could have easily picked 10 more! Hadley Robertson's painting of three young Amish girls sitting in the woods on a beautiful day is lovely. Without being detailed, the painting evokes a feeling of calm and quiet -- the bright sunlight seen through the trees, the luscious green of the woods, the easy pose of the girls. Especially now, the softness of the colors and the fluid lines depicting this tranquil scene are so soothing. Erik Zapf's watercolor of a sloop at anchor in calm waters captures a moment in time. The sparse use of bright colors and the faint disappearing lines of the rigging create an impression of a cloudy day at sea. However, is a storm brewing or has it just passed? The captain's yellow rain gear reflected slightly in the water makes me wonder if the sky is clearing. I enjoy paintings that invite questions and this one is so beautifully done.



We love the unconventional subject and art of Anne Baldwin's lithograph print "Hen Party." It's just fun to look at! The more you look, the more you see.

Clockwise spiral from top left

- 1 Jean Hadley Robertson "Three"
- 2 Erik Zapf "At Anchor - Days End"
- 3 Sae N. Wilson "Movie Star"
- 4 William McGuckin Table in Memory of Foulkeways' Ash Trees
- 5 Table of Arts and crafts
- 6 Chris Clayton "Squash On"
- 7 Janet Henderson Gala Apple
- 8 Eleanor Hiebert Ceramic Container



Education and Current Issues

These events are postponed due to the COVID-19 pandemic.

Inspiration and Lessons from Diverse Garden Spaces

Monday, May 4

Auditorium at 7

Jenny Rose Carey, renowned gardener, educator, historian, and author, and senior director of the Pennsylvania Horticultural Society's Meadowbrook Farm in Jenkintown, will share her experiences from a lifetime of gardening. A Foulkeways field trip to Northview Gardens, her home in Ambler, is planned in June.

A Century of Dietary Treatment of Serious Disease: What Have We Learned?

Monday, May 11

Auditorium at 7

Christina Bergqvist, M.D., is a pediatric neurologist at Children's Hospital of Philadelphia and medical director of the Dietary Treatment Program. She will talk about her outstanding work with children that has produced remarkable patient outcomes and earned several prestigious awards.



Reading Editorial Cartoons - the Supreme Court and Abortion Law

Thu May 14

Auditorium at 7

Resident Linda Myrsiades, West Chester University Emeritus Professor of English and Comparative Literature, will explore how visual literature (political cartoons) addresses and impacts important cultural issues, using as a case study a selection of editorial cartoons published as part of the debate surrounding the Supreme Court's decisions dealing with abortion law. The emphasis will be on a non-partisan reading of themes in visual literature as they relate to culture, law and the Supreme Court.

Spring Poetry Classes

Three Thu - April 23, 30, and May 7

Jenkins Parlor, 10-12

Resident Parvin Sharpless leads a discussion of the great odes by Keats, Shelley, Wordsworth, and Coleridge that are the origin and basis of the modern lyric style.



TED Talk Video with Discussion: A Healthy Economy

Mon May 11

Auditorium at 11



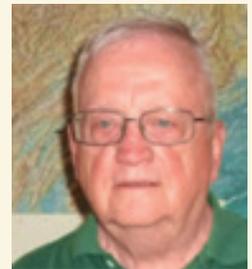
What would a sustainable, universally beneficial economy look like? "Like a doughnut," says Oxford economist Kate Raworth. In a stellar, eye-opening talk, she explains how we can move countries out of the hole -- where people are falling short on life's essentials -- and create regenerative, distributive economies that work within the planet's ecological limits. (TED.com) This 2018 talk is really worth seeing and gives us lots to think about.

American Attitudes toward War since 1914

Thu May 28

Auditorium at 7

John Shepherd will return to our auditorium with a thought-provoking history lesson regarding the evolution of American attitudes toward war. From the start of the First World War through our involvement in Afghanistan, American thinking about war has been molded by experience, perception, participation, narrative and counter-narrative. Explore the web of interactions throughout the century and examine ways in which attitudes were formed and changed over time. We'll consider the impact of government officials, newspapers, radio and television along with issues of time, battlefield success/failure, and casualties. John has previously talked to us about the history of the circus in Philadelphia and gave a talk entitled "What Happened When it was Over Over There."



International Film Series: Hero

Mon May 25

Auditorium at 1:15 PM

The International Film Series continues with the showing of Hero, two-time Academy Award nominee Zhang Yimou's 2002 directorial exploration of the concept of a Chinese hero. A discussion of the film led by resident Kostas Myrsiades will be held immediately following the movie.



Knitting Friendships Through Prayer Shawls

Several residents at Foulkeways formed a knitting circle about 20 years ago and decided to knit prayer shawls. Originally prayer shawls called tallitot were knit as a part of Jewish religious expression and were made with a fringe. The Foulkeways knitting circle has completed 400-500 prayer shawls since its inception. Reba Mohan and Mary Bartlett remained with the circle for many years and continued to knit together in spite of Reba's struggling with arthritic hands, and Mary having to cope with impaired vision.

Reba knits mostly with blue colors, but Mary likes varied colors. Both knit with size 11- and -13 needles, making 60-row by 90-columns to produce a shawl that measures about 60" X 90." The yarn is purchased at local craft shops.

These shawls along with poetic or spiritual verses are given to people who are sick. Most of the people are very appreciative. One man with a wry humor said "It's about time!" Reba and Mary said that they felt gratified when giving comfort, warmth, and caring to sick people.

— Carol J. Jacques



Reba Mohan and Mary Bartlett

Carol Jacques

Life in the Time of Corona

As of this writing, the full extent and duration of the 2020 COVID-19 pandemic has yet to unfold. But here is one story of how people began social distancing in an attempt to stop the spread of this deadly disease from person to person. Resident Penny Chase, the previous editor of the Bulletin, sheltered in place rather uneventfully at Foulkeways in the spring of 2020, but she has a story that illustrates some of the ubiquitous travel plan disruptions, concerns, and fears. In mid March she received this message from a Canadian friend who now lives in Guatemala.

"I was in Mexico City for 3 days; it was supposed to be 5 days, but there was an announcement that Guatemala would be closing its borders in 24 hours to Europeans, Americans and Canadians, so I came back asap. Eighteen hours of pure adrenaline and nearly \$1000 later, I was home, and I am so grateful to be here. I was totally impressed with how they handled the health screening at the airport, keeping as much distance between people as possible. And they got everybody's address, phone number and flight number, so if anyone from my flight in quarantine tests positive, they can contact all of us. I am self-isolating. My fridge and pantry are full, my bills are paid. Marco, my 10-yr-old neighbor, just brought me a beautiful flower arrangement to welcome me home. So far, so good. I am counting my blessings. Stay safe. Love you all."

This story ended well. We are hoping all of our stories from this extended time will end well.

— Penny Chase



Penny Chase

Selfie

The Mini Library

The library staff were extremely disappointed when it became necessary to close our library in Abington House. So, we did some thinking. What if we were able to establish a small library with some of our books in another location? It turned out that we had the perfect spot just outside the dining room with the shelves already there. Phil DeBaun gave us the OK to make the move and we got started. Cynthia Prediger helped us for two hours on Monday morning, the 23rd, to pack up. Linda Kuffler, Robin Costa and Carol Randall worked to choose and pack one hundred each of large print, nonfiction, fiction, and mystery books

as well as over a hundred DVDs and fifty recorded books. The maintenance department helped us with the move. Thanks to Linda Kuffler, we even have some green plants. When the new library was in place, business was brisk. To no one's surprise we saw 30 DVDs go out the first afternoon. Jessica Terrill and Linda Kuffler managed the traffic. Residents were quick to realize that the library was back in business.

With Cynthia's help we plan to bring down more books and other items to replace the ones borrowed. The Mini Library operates on a day to-day-basis. We don't know what the future holds, but we hope we are able to shine a little light in a dark time here at Foulkeways.

— Carol Randall

The new Mini-Library outside the main dining room

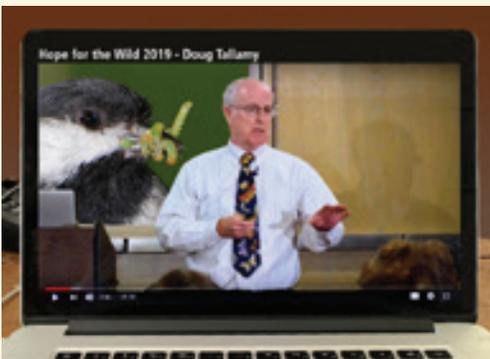


Watch the Internet

Last month we were to hear Dr. Doug Tallamy as our Earth Day speaker. His presentation had to be postponed, but simply enter into Google *Hope for the Wild 2019*, to watch his talk about the vital importance of local native plants and insects, including his beautiful close-up photographs. On YouTube are hundreds of instructional videos and classes, as well as the ubiquitous funny cats and babies.

Resident Joel Sartorius is taking a class called *Discovering Ashkenaz: Jewish Life in Eastern Europe*. At your fingertips are wide angles including *Live Cams St. Mark's Square in Venice*, and intimate views inside the nests of birds. Eagle parents and their two eaglets are on *PA Farm Country Bald Eagles*, and when I can't sleep I Google the *Ramona Owl Cam* to watch the nocturnal antics of a family of baby barn owls.

— Editor



Doug Tallamy talk on Youtube



Owl family on live web cam



Bald eagle family can be watched live



Before COVID-19

One day a lovely resident of Abington House wheeled in and asked if we sold nail files (no, but we now do). Another resident asked for razors and another for soap. A visitor asked “Where is the Mary Dyer Room?” and we led the way to it. Hearing aid batteries were a request and we now know that our pharmacy carries some.

“Where is the main dining room?” asked a visitor. “Where is my dining room?” inquired an Abington House resident. We are often pleased to be able to direct or lead individuals to the residents they wish to visit, or send them in the right direction to the Community Center entrance or to events they come for. Frequently answers are made easy by a call to Kim or Yvette at the front desk. Offering cheerful and patient assistance, our shopkeepers are so much more than sales people. So come and meet us. If we can help you find a greeting card you need or a chocolate treat, something for yourself or to take as a little gift on a visit, we are here to oblige.

We can offer lots of special gifts for all ages. If you don’t find it, suggest we consider stocking it in the future. We hope the future will soon be happier, healthier and more prosperous for all of us here, our loved ones outside of Foulkeways and the whole stricken world. We hope to welcome everyone back with a big celebration sale.

— Barbara Brillhart



Recycling Tip

Those pesky pumps

So you have a plastic container of hand lotion, with a pump top to provide the amount you want. What to do when it’s too empty for the pump to work? Wipe the pump top as clean as possible, unscrew it, and put it in the trash. Save a little cap, from a soft drink for example, and balance the container on it, upside down. In a little while you will have lotion, and much of what remains can be gotten out and used. To wash the container for recycling, try very hot water with detergent.

A bottle in a supermarket featured a bent tube, whose bottom edge goes to a corner of the bottle — a new trend?
— Judy Inskeep



NEWS FLASH

FOULKEWAYS SPRING PLANT SALE FOR RESIDENTS AND STAFF WILL BE HELD IN A DIFFERENT PLACE BECAUSE OF THE PRECAUTIONS WE MUST FOLLOW TO BE SAFE.

The plant sale will be held on Thursday and Friday, May 7 and 8.

Rain or shine

9am-5pm

The plants will be on the patio tables outside of the Meadow Café. Suggested donation will be posted, but it will be an honor system. There will be a donation box available. We will not be able to make change.

Plants available include:

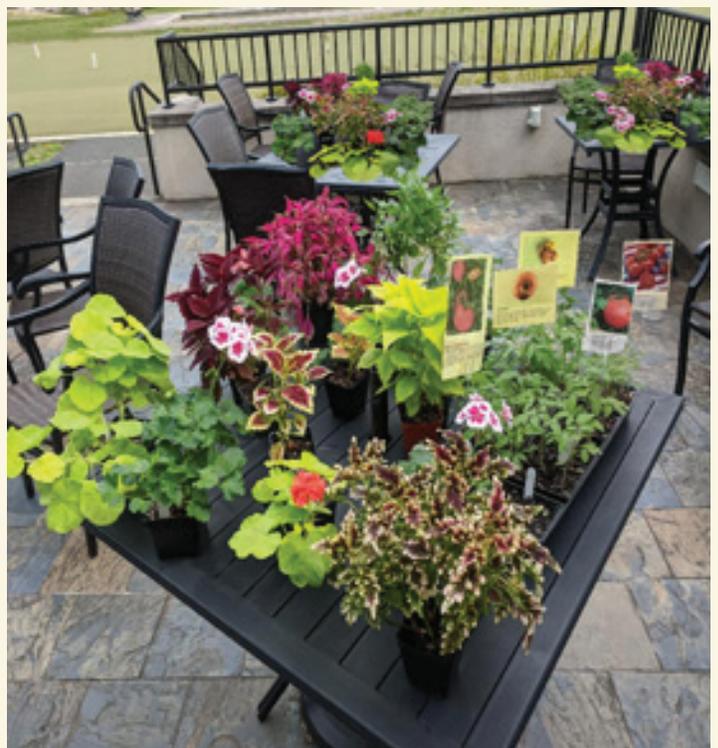
Basil • Begonias • Caladium • Coleus • Geraniums
Succulents • Tomatoes – many varieties

Keep your eye out for changes as we continue in uncharted waters.

BRING A BOX TO CARRY YOUR TREASURES HOME.

Please wear a mask and practice social distancing.

Plant Sale Will Be Happening

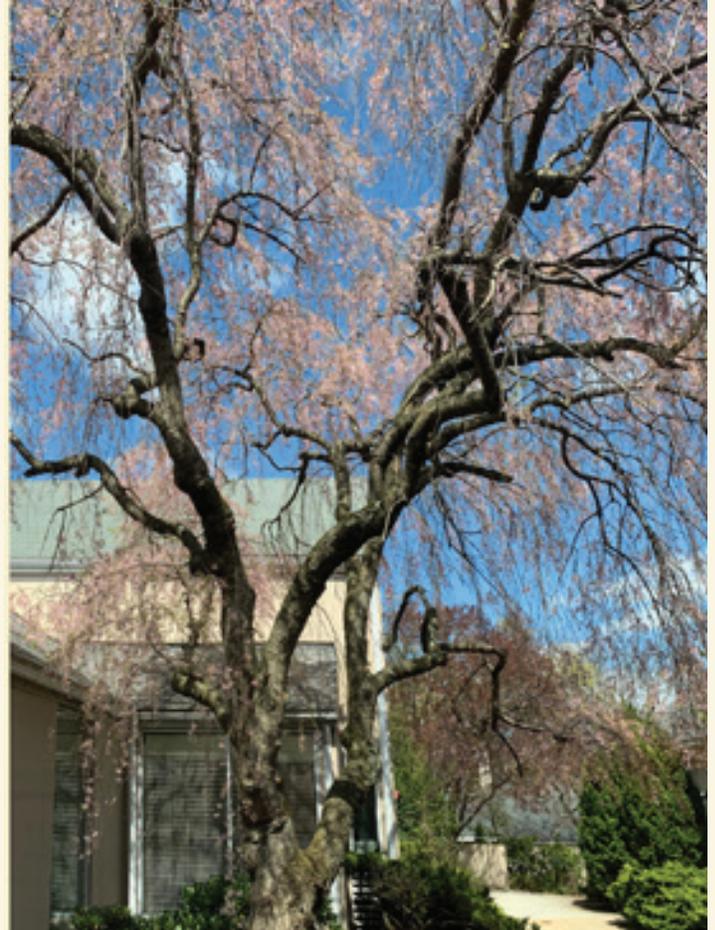
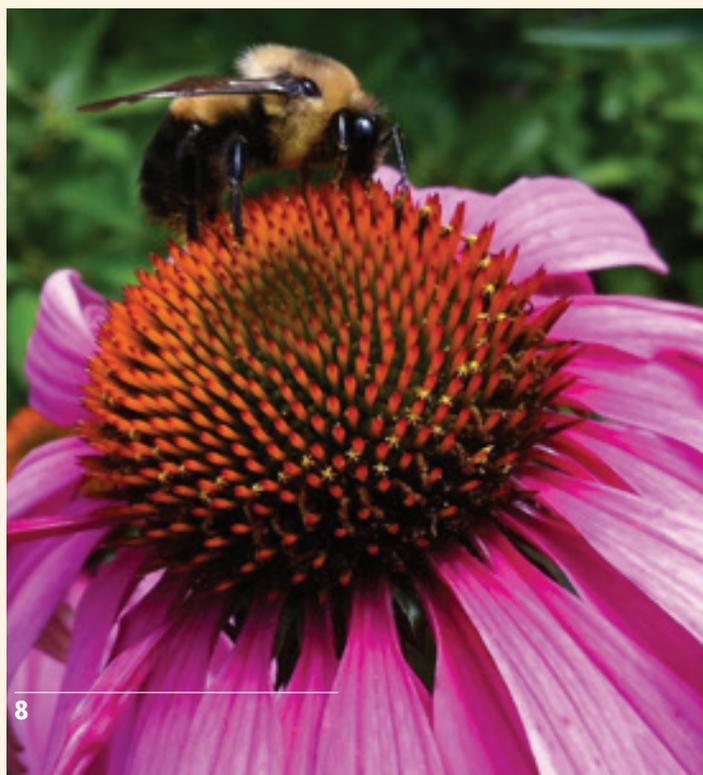


Thank a Bee - Help a Bee

Bees should be more popular. Monarchs and other beautiful pollinating butterflies have plenty of fans. Unfortunately, bees, the primary pollinators of all plants including our food crops, are considered fearsome, stinging creatures. Honeybees, despite their sting, have their enthusiasts. However, they are not especially good pollinators, nor are they native. Our native bees pollinate perennial flowers, shrubs, and trees more effectively and rarely sting. Unfortunately, bees, including our native bees, are in steep decline.

Your patio garden is a great place to help native bees. By planting native perennial flowers you'll provide them with life-sustaining nectar and pollen. The many species of native bees (mining, cuckoo, sweat, mason, bumble bees and others) with their varying tongue-lengths need a variety of perennials with diverse flower structures. Because various native bees occur at different seasons, they are limited to the plant species currently in bloom. At any time during the growing season, at least 2-3 should be flowering in your garden. Spring-flowering wild geranium, beard-tongue, Jacob's ladder, golden alexander, golden ragwort, and violets will attract the early bees. During the summer purple coneflower, swamp milkweed, butterfly milkweed, liatris, and thin-leafed mountainmint will lure lots of bees and other pollinators. Late-blooming New England and other asters, native goldenrods, mistflower, cardinal flower, and great blue lobelia will supply bees' needs until frost. We thank native bees for the crucial role they play in the natural world. As pollinators, bees are essential for the reproduction of plants and a part of the life systems that support us humans. Normally we don't think bees have anything to do with us. However, we should be grateful for their contributions and do what we can to help them.

— Edie Parnum



Blossoming tree through the mailroom window

Anne Todd

The better angels of our nature...

If you have ever felt the desire to acknowledge monetarily – that is to say TIP – the services of the Foulkeways' staff, this one's for you. By staff I mean those who make life better for us at Foulkeways, e.g. housekeeping, food service, dining room and café staff, cart drivers, IT and administrative staff, health care, fitness, maintenance and activities staff, etc. Many of these folks work more than one job to keep body and soul together. As most of you are aware, restaurant workers depend upon tips to supplement their wages. While 'meager' does not necessarily describe the wages here, every supplement helps and in some cases, makes a great difference.

That's where the Vacation Fund in May/June comes in. This is your opportunity to acknowledge the patient and considerate care offered to us by our wonderful staff. The monies received are divided and distributed by the number of hours worked.

Last year, 2019, we received total contributions of \$73,581.00 which represented 226 contributions. We hope to achieve and even surpass this total this year. With your generous help we shall. I realize that these are difficult times for us because of the declines in the financial markets and the health crisis, but please consider giving as much as you are able. Remember that the staff is here serving us whether circumstances are good or bad.

Thank you all for your help in achieving these goals and let's keep up the good work!

— Sam Hogg

Masks, the Long Way

Residents at Foulkeways are doing what they can to keep their retirement community virus-free. But, for some, that's just not enough.

They couldn't sit helplessly in front of their televisions, watching the death toll rise. They needed to help. But how?

Then, last week, resident David Long got a call from his son, John, who said that he and his managing partner Howard Moed were about to buy 10,000 high-quality surgical masks from China for half the going price.

"We were going to cover the \$26,300 for the masks out of our business profits," said John Long, who is president of LLB Co, a firm run by the Long family for three generations.

"We were going to give them away. I thought about my parents living at Foulkeways. I thought Foulkeways could use some."

They could. But what they also needed was an opportunity to pitch in and help. So, David Long called "a few friends" at Foulkeways. Within hours, the idea had spread through the campus like, well, like a virus.

"Not one of them turned me down," David Long recalled. "They said to me, 'we've been looking for something to do.' They were all excited. We were able to raise just under \$12,000 right on this campus. We're just a great big family here."

The Longs spent a few anxious days waiting for the shipment to leave China then, finally, tracking it through a four-day odyssey along an international route. "It was gut-wrenching," David Long said. "I had told the residents it would be here in a day or two. I used FedEx tracker and we saw that it was just lying there in Shanghai. Then, by golly, we saw it had moved to someplace else in China, then to Alaska, to Memphis, to Ft. Washington," and to John Long's office in Glenside. He and Moed delivered 150 of them to Foulkeways on Friday, his first stop. By dark, they had delivered all but a few hundred of the masks to eight hospitals as far apart as Temple University and Reading, Pa. and to other "frontliners" in the anti-virus fight.

"We put stickers on each box thanking our frontline workers for all they do," John Long said. "Then we put them in our trunks and started dropping them off. My brother Chip (Dr. Charles Long) is at Abington Hospital, we dropped 100 there, my good friend Mary McGinley, who is a doctor in the area, and her daughter, working the tent at John-Hopkins, plus her sister who is at Children's Hospital, got some."

Meanwhile, John Long said, contributions continue to pour in now covering about 2/3 of a bill he and his partner were more than willing to pay from their profits.

He excused himself for a moment to answer the door



John, Patty Ann, and David Long



John Long with some of the masks



Mary Ann Gross and Mary Knapp

David Long

for some first responders from the Tinnicum Twp police department.

"I've been waiting for them," he said when he returned to the phone "Gotta look out for them. They're our local department.

"The masks will all be gone soon. But that's what they're for." For that and to give some residents at Foulkeways a chance to do more than sit idly by watching a tragedy unfold.

— **Elmer Smith**, past Inquirer journalist, writing on behalf of Foulkeways at Gwynedd

Citgo must pay for a massive 2004 Delaware River oil spill, Supreme Court rules



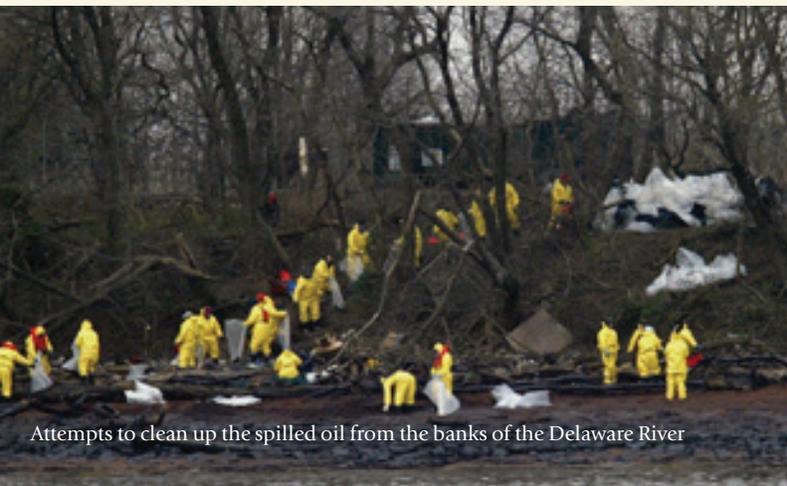
Boats carrying environmental cleanup workers pass through black oil swirled on the surface of the Delaware River after the Athos oil spill in November 2004.



Fred Kuffler



Mitigating the flow of oil on the surface of the river



Attempts to clean up the spilled oil from the banks of the Delaware River

Resident Fred Kuffler Scores Victory in U.S. Supreme Court

"Exhilarated and vindicated." That's how resident Fred Kuffler felt when, in late March, the Supreme Court of the United States ruled in favor of a suit he had been pursuing for sixteen years.

Here's the story in brief. In November 2004, the Greek-owned tanker Athos I, in the process of docking at a Citgo refinery in Paulsboro, NJ (just across the Delaware River from the Philadelphia International Airport), struck an unmarked, uncharted, submerged anchor, puncturing the ship's hull. 264,000 gallons of crude oil spilled into the river. Within hours, the ship's insurer had Fred's law firm on the phone. Fred, whose whole career had been dedicated to litigating maritime law, was more than willing to take on the case. He and his associates sued Citgo. The case wound through two trials and two appeals courts before reaching the high court. In its last stop on the way there, the Third Circuit Court of Appeals in Philadelphia ruled in favor of Fred's clients, holding Citgo responsible for the spill.

Over all those years and all those court appearances, the case hinged on the meaning of two words: safe berth. According to law, Citgo had to provide a safe berth to the docking ship. Did this mean that the oil company had to guarantee the safety of the ship, or only that it had to do its best (practice "due diligence")? Sonia Sotomayor, writing for the majority in the 7-2 decision, agreed with the appeals court, finding that the law required Citgo to guarantee the safe berth. Dissenting Justices Thomas and Alito disagreed. Citgo, out of options, will now have to pay upwards of \$130 million to the entities that cleaned up the spill, including the owners of the Athos I and the US Government.

In his first job, in 1967, with the Rawle Henderson law firm in Philadelphia, Fred was assigned to work in maritime law. He's been at it ever since and loves it. He's now with the Philadelphia firm Montgomery McCracken Walker & Rhoads, where he and his partner John Levy have worked on the oil-spill case over the years. For the Supreme Court hearing they hired specialist DC lawyers, as is normal. When asked if he had been in the courtroom for the hearing, Fred said, "Of course. I wouldn't have missed it." And he added: "It's impossible not to be impressed by the grandeur of the Supreme Court building and the courtroom itself. The judges, all different and all interesting, are impressive, too. Although my case, by itself, was not earth-shaking, the whole experience was a wonderful reminder of how much the preservation of democracy in our country depends not just on a free press but on an independent judiciary."

Fred and his wife Linda have been married since 1965 when Fred was still a law student at Cornell. They have lived at Foulkeways since 2017.

— Ken Ford

Pictures Submitted by Residents



Fran Bradley, Carolyn Moon, Penny Chase, and Chris Fisher

Marcie Ridenour



Star Magnolia

Bob Taylor



Richard Brillhart



Ruth Elder



John Van Steenwyk

Joanne Ford

Hilary Borthwick watering plants

Ellen Marsh



Changes

New Residents

Patricia "Patty" Gerrity	F-1	7241
Sue Ellen de Beer	F-13	7253
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Carolyn Sprogell	C-7	7196

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Emily "Lee" Ackerman	E-11	to	AH-76	7144
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Carolyn Stewart	AH-77	to	GH-30	7104
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Eloise French	S-11	to	AH-87	7120
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Boris Rybka	C-3	to	AH-202	5324
Mary Monteith	AH-71	to	GH-8	7085
Frank Fujita	AH-51	to	GH-31	7105

In Memoriam

Jane Becker	April 11
Martin Trueblood	April 13
Howard Lesnick	April 19
Luke Marano	April 21
May Belle Ball	April 22

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Foulkeways Bulletin

Foulkeways at Gwynedd
1120 Meetinghouse Road
Gwynedd, PA 19436
(215) 643-2200

Return Service Requested



Ron and Judy Inskeep



Entrance from Sumneytown Pike



“See you in these pages
in September.”

*Next Bulletin will be in your
mailbox on September first, as we
don't publish in the summer.
Please stay healthy.*

Annie the Editor

View of the Community Center from Perimeter Road

Lois Pan



Foulkeways Bulletin Committee

Editor: Anne Todd

Molly Diamond, Ken Ford, Emilie Harting,
Judy Inskeep, Jenny Stanton.

Photographers: Don Griffin, Lois Pan, Anne Todd

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FRA Committees.

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Please submit materials to bulletin@foulkeways.net

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