

See Emilie's articles on pages 3 and 10.

# foulke —WAYS

Volume LIII

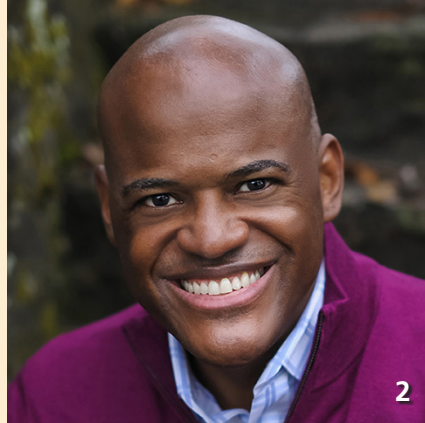
No. 1

January 2020

Foulkeways  
Bulletin

The news and  
views of residents  
of Foulkeways  
at Gwynedd, PA

## African American History at Foulkeways



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## BLACK HISTORY AT FOULKWAYS

In 1926, Carter G. Woodson, noted African American historian and son of former slaves, pioneered the celebration of Black History Week in February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. He understood that the history of African Americans was core to the understanding of American history and realized that not teaching about African American history was contributing to racial misunderstanding, prejudice and inequality. Since 1976, every U.S. President has designated February as Black History Month.

Here at Foulkeways, we will be exploring Black history and culture again this year, not only during the month of February – but in an ongoing way to look for opportunities to be part of the national conversation about race and equality in the larger community.

To kick off the events for 2020, on Martin Luther King, Jr. Day, January 20, Foulkeways will be showing the 2018 HBO documentary, *King in the Wilderness*. This will be followed on January 28 by the Performing Arts Committee's presentation of acclaimed Montgomery County bari-tone, Keith Spencer, singing songs from the Civil Rights Movement.

The Diversity Committee at Foulkeways is grateful to all of the FRA Committees and individuals involved in planning and coordinating these events. Follow future issues of the Bulletin to learn more about what's coming up at Foulkeways for February and throughout the rest of the year.

— The Foulkeways Diversity Committee



Foulkeways resident and Bulletin editor, Anne Todd with Samedi Gassou, the chief of Baguida, Togo, West Africa. He is wearing the traditional, royal Kente cloth robes woven in that region. A strip of Kente cloth illustrates the cover and above in this Black History issue. This trip in 2004 was Anne's fourth return to Baguida where she served as a Peace Corps health educator from 1968-70. This time she took her daughter, Kristin Votta to meet her "African family."

Kristin Votta

### Martin Luther King Birthday Observation

Mon Jan 20

Auditorium from 1:30 to 4:30

The film *King in the Wilderness*, about Martin Luther King will be shown in the Auditorium with a discussion period to follow. This 2018 HBO documentary chronicles King's life between the passage of the 1965 Voting Rights Act and his assassination in 1968, a conflict-filled period in America. While expanding his mission from battling overt racism to complicated issues of poverty, housing, and unemployment, he faced criticism from the Black Power movement for his commitment to nonviolence and from the President for his opposition to the Vietnam war.

*King in the Wilderness* presents a moving portrait of a man disheartened by what he saw and the general failure of progress on economic justice, even though he had succeeded in establishing connections between the common problems facing blacks, Latinos, Native Americans and even low-income whites. The film combines superb archival footage with interviews and moving observations by people like Jesse Jackson, Harry Belafonte, Joan Baez, Andrew Young and others who knew him well.

## Huguenot History by Carol LeFevre



Carol LeFevre

Lois Pan

Huguenots were French Protestants who fled to America for religious freedom in the 16th and 17th century. Many settled along the eastern coast of North America with a concentration in Massachusetts, New York, Pennsylvania, Virginia, and South Carolina.

Foulkeways resident Carol LeFevre developed an interest in Huguenot history through her husband, an eighth-generation descendent of Simon LeFevre, one of the original settlers. While they were raising their three children, they often came East from their home in Illinois to attend LeFevre reunions in New Paltz, New York, a Hudson Valley town with an entire street of historic Huguenot buildings. Her ninth-generation children have become deeply involved in the Huguenot Society; one daughter is now president, another daughter is the membership chair, a son does research and writing, and a granddaughter maintains the Facebook page.

Since her retirement from teaching at St. Xavier College in Chicago, Carol has written many articles and has been the writer, editor and layout person for the LeFevre Family

News, a national newsletter. At times she has even drawn illustrations.

In her most recent article, Carol gives a comprehensive review of the persecution of the Huguenots, who left Catholicism after Luther posted his 95 Theses and Calvin began criticizing the church for selling indulgences in order to get funds for the construction of the Basilica of St. Peter's in Rome. By the 1560s, more than two million Catholics had become Huguenots.

Persecutions soon began. In 1562 seventy-five Huguenots were killed at Vassy, France. Soon after, Catherine de Medici ordered as many as 100,000 murdered in cold blood. After Louis XIV repealed the Edict of Nantes, thus barring Protestant worship, over 400,000 Huguenots fled France.

Carol says that her husband's ancestors left France between the late 1650s and early 1670s, first fleeing to the Palatinate in southwestern Germany. The exit of the Huguenots was a huge drain on the country as they were an educated and skilled workforce. She notes that eight presidents are descendants of the Huguenots, including George Washington, Theodore Roosevelt, and Lyndon B. Johnson.

— Emilie Harting



The 1799 LeFevre House on Huguenot Street in New Paltz, New York is maintained by the Huguenot Historical Society and the LeFevre Family Association.



A number of original settlers are buried in the old cemetery next to the LeFevre House.



## Education and Current Issues Committee

**Dixon Chibanda:**  
Why I Train  
Grandmothers to  
Treat Depression



**Mon Jan 13**

**Auditorium at 11**

Dixon Chibanda is one of twelve psychiatrists in Zimbabwe -- for a population of more than 16 million. Realizing that his country would never be able to scale traditional methods of treating those with mental health issues, Chibanda helped to develop a beautiful solution powered by a limitless resource: grandmothers. In this extraordinary, inspirational talk, learn more about the friendship bench program, which trains grandmothers in evidence-based talk therapy and brings care and hope to those in need.



### Our Beautiful Moon

**Thu Jan 16**

**Auditorium at 7**

We welcome back astronomy professor Peter Detterline, who wowed Foulkeways last year on the summer solstice, to tell us everything we've wanted to know about the moon but never thought to ask. We know it's not made of green cheese and is nothing like a big pizza pie. He will share his fascinating photos, facts and stories about earth's only natural satellite.

### International Film Series – *Hercules*

**Mon Jan 27**

**Auditorium at 1:15**

The International Film Series continues with the showing of *Hercules*, Walt Disney's 35th animated film (1997), which delves into Greek mythology and reinterprets one of the ancient world's major hero myths for a contemporary American audience. A discussion led by Kostas Myrsiades will follow the showing.



**Adventures in  
Book History:  
The Surprising Case  
of Harrison & Co.**

**Mon Jan 13**

**Auditorium at 7**

Eleanor Shevlin, the speaker, is a professor of English at West Chester University. Professor Shevlin will focus on one period—the latter decades of the eighteenth century—and will use Harrison and Co. and its innovative proprietor James Harrison to explore how this period gave rise to modern understandings of the author and the publisher, advertising and marketing, the respectability of the novel, and ties between newspapers and other print products.

### Meet Sojourner Truth



**Mon Feb 3**

**Auditorium at 7**

Dr. Daisy Nelson Century, Ed.D., an Historical Interpreter who brought us Harriet Tubman last year, will return this year as Sojourner Truth.

Sojourner Truth, (*Ain't I a Woman?*), one of the most significant figures in the women's rights and abolition movements, suffered the harsh childhood of a slave. She escaped to a family that bought her freedom. After becoming a devout Christian she declared that the Spirit called on her to preach the truth and renamed herself Sojourner Truth. In addition to being a powerful speaker, she recruited for the Civil War and organized supplies for black troops, being later honored with an invitation to the White House. Working with the Freedmen's Bureau, she helped freed slaves to build new lives. Dr. Century's fascinating performance will include dressing the part and weaving Truth's story from birth to death. This event is co-sponsored by the Education and Current Issues Committee (ECIC) and the Diversity Committee.

## A Day at the Rodin and/or Barnes Museums

Fri Jan 24

9:30 – 3:30

The Field Trips Committee invites you to visit two of Philadelphia's famous art museums at your leisure. Our bus will drop you at the Rodin Museum (costs \$11, or free if you are a member of the Philadelphia Museum of Art). The Barnes Museum (costs \$23, or free if you are a member of the Barnes) is only a block away, so you can visit it after or instead of visiting the Rodin. When you are ready for lunch, the Barnes offers a restaurant, a coffee bar and a café. There is also a Whole Foods on the street behind the museums. Our bus will pick us up at the Barnes at 2:30. Details are on the bulletin board in the mailroom.

— Romyne Hartshorn x7218

## My General Tubman at the Arden Theatre

Wed Feb 19

12:30 – 5:30

The Field Trip Committee is offering tickets for a matinee performance at the downtown Arden Theatre of *My General Tubman*, a world premiere by acclaimed Philadelphia playwright Lorene Cary. It is a beautiful and exciting new play about the complex journey of Harriet Tubman and the impact she continues to have today. It will be performed on the intimate Arcadia Stage, where we'll sit on three sides of the stage, all within a few rows of the action. See the details on the bulletin board in the mail room. Last day to purchase tickets is January 29.

-- Phyllis Taylor x7351



## Lobby Art by Carl Berlinger

Carl Berlinger will show his paintings in January. A graduate of Ursinus College and Lehigh University, he spent thirty-three years teaching Social Studies and coaching soccer and golf in the Upper Moreland schools. At age 58, he began painting with Susanne Okamoto. He and Susanne had been classmates from kindergarten and she was teaching painting locally in Abington. He was originally attracted to old barns as subjects, but now tackles anything that presents a challenge. His only medium is watercolors. Due to a busy schedule he paints in a weekly class and only between September and May. As a golf rules official he conducts some forty tournaments for the area's professional golfers. We think this will be a most enjoyable exhibit.



*I refuse to accept the view that humankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become a reality...I believe that unarmed truth and unconditional love will have the final word.*

Martin Luther King, Jr.

January 15, 1929-April 4, 1968

### What Happens to the Books You Donate?

Your library staff is always busy with the ongoing task of processing donated books. There is a rack for donated books on the first floor of the library. Please do not leave more than six books at a time. Books are also donated from resident's apartments. Polly Leshan and Helen Gorini work away at sorting the donated books in a corner of the Abington House basement.

Books that are in poor condition are discarded. Polly and Helen examine each remaining book looking for possible choices to add to our collections. The books they choose must be in perfect condition and not duplicates of those already in our library. The nonfiction books that pass this first look are sent on to Bill Seltzer who may choose some for the nonfiction collection. Over fifty of these books were chosen this year for nonfiction. Polly Leshan processes the books for the fiction collection. The books that are left are considered candidates for our annual Craft Fair book sale in October. These books are saved throughout the year for the sale. This year's book sale produced over \$600 for the Library's Bradley Fund that is used for non-book expenses.

There is also a mini book sale in December. The number of donated books left is greatly reduced near the end of the year, but a large number remain. These remaining books are packed in cartons and sent on to the Wissahickon Valley Public Library several times throughout the year for their use. Be assured that your donated books are put to good use.

— Carol Randall

### Book Repair

Yes, we do repair distressed books. We have a committee for that. Helen Gorini and Joel Sartorius use their skills and a lot of very unusual supplies to bring a needy book back to useful life in our library. The team gets together to work when they have enough books to be repaired to make it worthwhile getting out all of their tools to work their magic. Repair, among other things, involves gluing, sewing and a lot of judgement. If an important book cannot be replaced or repaired, the team places a ribbon (with the bow on the top) around the book and puts it on the shelf. They add a note telling the reader that the book could not be repaired, but with care, it can still be read.

— Carol Randall



Residents Helen Gorini and Joel Sartorius repair Foulkways library books.

### Bulletin Boards Galore

What's going on here? To find out, we read the bulletin boards. Everyone knows about the ones in the mailroom to the right as you walk in, which are under the care of the "BBGs" or bulletin board girls. Nancy Rhoads, one of the BBGs, reminds residents that "there is a system." Messages should be neat, of a modest size, and easy to read, and placed in the bulletin board mailbox in the in-house mailroom. Have you noticed the color coordination of the thumb tacks on the boards to the right as you walk in?

*continued on page 7*





## Help Eliminate Plastic

Don't buy bottled water. Filter your own if you must (most municipal water is safe to drink), and carry a reusable water bottle with you.

Refuse the lid on your coffee cup. Better yet, carry your own reusable mug.

When you eat in a restaurant, tell the server you don't need a straw. Carry your own take-out containers for leftovers.

Bring a muslin or rope bag for your fresh unbagged produce; at home, store it in a reusable produce bag (by Vejibag).

Buy loose tea, not individually wrapped teabags.

Use a coffee machine that doesn't require a paper filter or a little plastic cup.

Use frozen, concentrated juice that comes in cardboard tubes.

For leftovers, use silicone bags (by Stasher) instead of plastic bags.

Buy soap wrapped in paper (and try to skip the palm oil; palm oil plantations destroy orangutan habitat).

Buy fewer clothes, or shop secondhand. Wash your clothes less so they last longer.

— Judy Inskeep

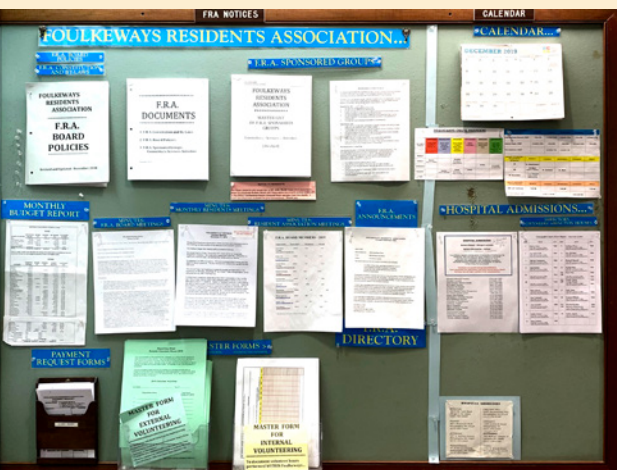
## Neither Snow nor Sleet...

The Mail Delivery crew operates six days a week, depositing mail in cubbies in Abington and delivering to individual rooms in Gwynedd. Packages get delivered to the door in Abington as well as Gwynedd. This usually takes an hour or less. Chaired by Harry Sutton and Claire Carey, the committee (which never meets) also consists of Ethan Ball, Barbara Brillhart, Ed D'Orazio, Ruth Elder and Dave Lightkep, who is replacing the retiring Charles Waldauer. We have two substitutes, Margaret Barovich and Nancy Posel, and would like to add to this list. Mail delivery is also good for learning your way around these sections, and stopping in to visit friends there.

—Claire Carey



Mail Delivery Committee, left to right: Harry Sutton (co-chair), Anne Todd, Ruth Elder, Claire Cary (co-chair), Dave Lightkep, Barbara Brillhart, Ethan Ball, Ed D'Orazio. Missing from photo: Margaret Barovich & Nancy Posel (substitutes).



*continued from page 6*

Another board is for events in the surrounding community. Then there are postings of new residents, menus, hospital admissions, trips and sports events. And—very important—watch the Channel 41 monitor in the hall, with minutes from CEO-residents meetings placed underneath. Don't neglect the boards on the lower level: nature (it's beautiful!), green, news, art room, FRA board room, and games room.

Do you know that in Abington and Gwynedd Houses there are 11 monitors (electronic bulletin boards, one might say), and nine standard boards? All this information may tax our aging memories, but aren't we fortunate to have it?

— Judy Inskeep



## Nature at Foulkeways: It's Ours!

### Resolutions to Help Birds in 2020

1. Provide suet and peanuts at your bird feeding station. The high-energy fat content helps woodpeckers, nuthatches, chickadees, titmice, and other birds survive the winter when insects are mostly unavailable. On a freezing winter day, a heated birdbath can be a lifesaver.

2. Learn about all the birds coming to your feeders. Learn their habits. Learn what they need to survive. Keep a pair of binoculars and a bird book handy by the armchair where you watch your birds.

3. No need to go outside to help birds. Watching from a window, you can identify and count the birds coming to your feeders. Then go to [www.feederwatch.org](http://www.feederwatch.org) to enter your observations. You'll be a citizen scientist for Cornell University's Laboratory of Ornithology, which uses our data to monitor bird populations and investigate bird declines.

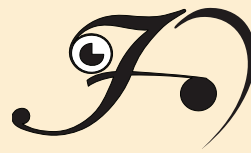
4. Start planning for spring gardening using native plants. Natives are the best for providing the food that birds need. Baby birds particularly require copious numbers of caterpillars, and these insects subsist on the foliage of native trees and shrubs. Can you make room for a shrub or two? Or even a small tree?

5. Read a book. I recommend *Bringing Nature Home: How You Can Sustain Wildlife with Native Plants*. Doug Tallamy, the author, will be our keynote speaker during Earth Week. His message will inspire us to increase the biodiversity of plants in our gardens. Let's do our part to reverse the widespread declines in our bird populations.

— Edie Parnum



Mourning Dove using a heated birdbath.



## Performing Arts Events

Tuesdays

Auditorium at 7

### Jan 7 - Ekaterina Skliar, domra/mandolin and Jordan Dodson, guitar (Astral)

Ekaterina Skliar debuted with the Russian Folk Instrument Orchestra of the Buryatia Republic at age 11 and went on to perform with numerous mandolin, guitar, and folk instrument orchestras in her native Russia. Her vast repertoire includes transcriptions of classical music, original works for domra and mandolin, and contemporary and jazz music. *Performance Today* describes classical guitarist, Jordan Dodson, as "one of the top young guitarists of his generation." A winner of Astral's 2013 National Auditions, he is an active soloist and chamber musician. Mr. Dodson holds degrees from the Curtis Institute of Music, the Manhattan School of Music, and the Cincinnati College-Conservatory of Music.

### Jan 21 - Pete Smyser and Ted Lis, jazz duo

Pete Smyser is a professional guitarist/composer/arranger. His influence and performing styles are widely diverse, ranging from jazz to acoustic guitar renditions of contemporary pop and rock songs, blues, folk, and traditional classical guitar. Ted Lis, saxophonist, met Pete Smyser in 1996, and the two began collaborating, building a following for their unique approach to performing standards. The duo released a recording in 2018 entitled, "Slow Boat."



### Jan 28 - Keith Spencer, baritone vocalist

We are thrilled to debut Keith Spencer performing his concert, "We Shall Not Be Moved -Songs and Speeches From The Civil Rights Movement," to introduce Black History Month at Foulkeways. Keith has pursued his love of the stage and concert performance nationally and in many Philadelphia venues including Bristol Riverside Theatre, Act II Playhouse, and the Prince Music Theatre among others. He is a highly-acclaimed cabaret concert artist and also appears regularly in various ensembles.

— Evelyn Willis



Winter Concert

Don Griffin

## The Foulkeways Singers

The Foulkeways Singers begin rehearsals for their Spring Concert on Wednesday, January 8, 2020. We gather in the auditorium weekly from 3:30 to 5 p.m. We invite you to become a part of our group if you like to sing. Though we do not require auditions, it is helpful to have some knowledge of music. Everyone is welcome. Mark Daugherty, our conductor, is skilled and makes every rehearsal enjoyable, as well as giving us a good workout. If you have questions, please contact Carolyn Moon, our Chorus Manager (215) 283-7389, x7389.

## Remembering

Tue Jan 14

Auditorium at 7



Clint Ely, Sharline Fulton, and Olu Afuwape will share their unique life stories in this Remembering event. Don't miss it.

From dancing, clowning, preaching and being exiled to East Africa, Sharline, Clint, and Olu will share pieces of their lives with us on Tuesday, January 14th.



## Hospice Care at Foulkeways

Most of us may have little awareness of hospice until we or someone we love needs it. Foulkeways Hospice became Medicare-certified in 2012. Since then 150 residents have utilized this program. Hospice sees dying as a normal process, and its focus is on the quality of life. Its aim is to provide good end-of-life care-- physical, psychological or spiritual. It strives to make the patient as comfortable as possible, and to include patient and family in decision-making.

An individual who has a life-limiting illness and is no longer seeking aggressive care is eligible for evaluation. Assessment and physician's approval are required. It has occasionally happened that someone recovers enough to leave hospice, and then requalifies later.

Who provides care? The medical director, the patient's primary care physician, nurse practitioner, hospice worker, hospice nurse, certified nursing assistant, social worker, and spiritual counselor are all involved. And not least, there are trained volunteers who can provide companionship and emotional support, and also help with practical matters. Or they may keep vigil at the bedside if the family cannot be present and doesn't want their loved one to be alone. Hospice care is even provided to a patient in an independent-living apartment (although not during the night). Bereavement support can be supplied for up to 13 months after death.

A testimonial from the Foulkeways hospice brochure: "You have wrapped us in a warm quilt of caring which has smoothed the path."

— Judy Inskeep



## Casting Call: 2020 Valentine Talent Show

This year is an off-year for our famous Foulkeways Valentine Show, coming again in 2021. A few residents have an idea: How about a talent show this year? We already have several groups of dancers, a quartet, and a stand-up comic to start with. This will be a fun occasion to bring out our hidden talents and see some residents in a whole new light. Are you magicians or jugglers or ? Interested? Call Carolyn Schodt x7265 or Don Griffin x7064.

The 2020 Valentine Talent Show is scheduled for an afternoon dress rehearsal and two evening performances, Feb. 13, 14, 15, respectively.

— Carolyn Schodt

## Courses Offered Nearby

The **Temple Ambler Campus**, 580 Meetinghouse Rd, Ambler offers a number of non-credit personal enrichment courses. The price of the course depends on the topic. In the fall fees ranged from Selling on Ebay at \$55 to Conflict Resolution at \$225. The spring offerings were announced on December 2. Registration is rolling because classes begin at various times.

The campus's Life Long Learning Society has a six week program beginning in March. For a fee of \$109 students can take as many courses as they'd like. The list of courses should be online in late January, along with instructions for registering. In fall 2019 topics such as Early American Music, Talk Tech for Seniors, and What is Islam? were offered.

**Montgomery County Community College**, 340 DeKalb Pike, Blue Bell offers a wide variety of noncredit courses under their Workforce Development Program. Here are some examples: Quick Books, Creating Your own Website, or Microsoft Excel.

There will be a special program for senior citizens planning to enroll in a spring 15-week or 7-week session. Those interested should come to one of the three campuses on Friday, January 17, 2020, from 9 a.m. to noon for a special registration event. Check in opens at 8 a.m. Noncredit courses begin at different times in the semester.

Subjects such as art history, economics, or biology are offered for credit. Montgomery County residents age 65 or older can enroll in credit classes at \$47 per credit.

**Gwynedd Mercy University** allows senior citizens who are Montgomery County residents to take courses at \$20 a credit as long as the courses are not filled by regular students. Yes, it is possible to sign up for more than one course to assure a place should a class fill up. Those interested should come to the Registrar's Office at Campbell Hall during the week of January 6 to see which classes have spaces and to register.

*For further information, consult the website of each institution. For questions, call the main numbers listed.*

— Emilie Harting



### Dr. Christina Bergqvist M.D.

Christina Bergqvist M.D., the director of the Ketogenic Diet Program at Children's Hospital of Philadelphia, received this year's coveted Allan R Cohen Master Clinician Award for her remarkable work with pediatric patients with epilepsy.

"To be considered for The Master Clinician Award, physicians must have completed training five or more years ago and be involved in clinical activities at least 50% of the time. Awardees must have earned a reputation for taking joy from their work, communicating patient information in a timely and courteous manner, looking at the whole child, supporting coordinated care for complex patients, and making extra efforts to be certain that patients are accommodated."

Dr. Bergqvist tells us that by using a ketogenic diet in children with treatment-resistant epilepsy, they often can give up their prescribed drugs. The diet not only reduces the patient's number of seizures but, in some cases, eliminates them completely. Dr. Bergqvist recently built an in-hospital special kitchen and each child is evaluated using a family-centered team approach ( M.D., R.N., R.D., medical chef educator, S.W.) to help train the patients' families.

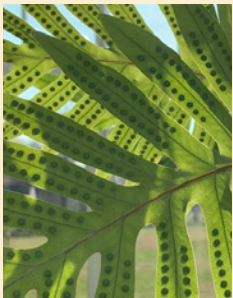
Dr. Bergqvist has said she would be glad to lecture at Foulkeways on her unique subject. Perhaps her husband Phil, our executive director, can make those arrangements?

— David Long



Winter Outside, Tropical in the Foulkeways Greenhouse

Photographs by Anne Todd



The Foulkeways greenhouse was built in 2010 through the generous bequest of past resident Mary Harper, who loved horticulture.



Changes

Moves

Angelo Licata	AH-111 to AH-65	
Verona Braun	AH-67 to AH-65	x7021

In Memoriam

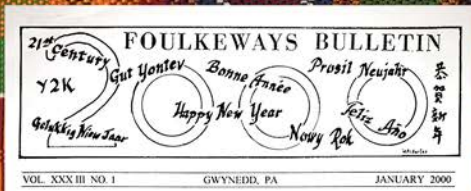
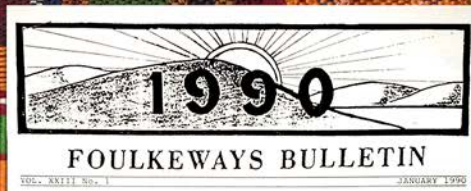
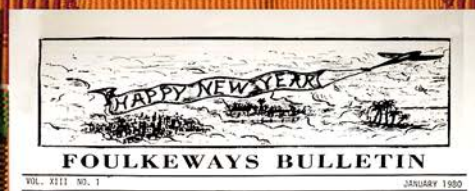
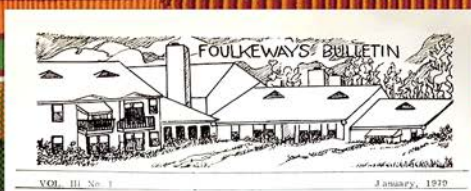
Cophine "Sarah" Crosman	October 5
Donald "Don" Weisel	October 18
Lillian "Scotty" Stuart-Whistler	November 5
Helen Cary	November 22
Mary Figlear	November 23
David Leshan	November 30
Adele Epstein	December 1
George Sakheim	December 4
Ann Stasheff	December 10
Margot West	December 14

### Foulkeways Bulletin

Foulkeways at Gwynedd  
1120 Meetinghouse Road  
Gwynedd, PA 19436  
(215) 643-2200

Return Service Requested

Five decades of  
Foulkeways Bulletin  
mastheads  
Thanks to Ken Hiebert for the design  
serving us well since 2013



### Full Moons in 2020

January 10	Wolf Moon	April 8	Pink Moon	September 2	Harvest Moon
February 9	Snow Moon	May 7	Flower Moon	October 1	Hunters Moon
March 9	Worm Moon	June 5	Strawberry Moon	October 31	Blue Moon
		July 5	Buck Moon	November 30	Beaver Moon
		August 3	Sturgeon Moon	December 30	Cold Moon

## MOVIES

### January Movies

6:45 in Auditorium (unless noted otherwise)

Selected by Harvey Olsen

Sat Jan 4	The Birdcage
Wed Jan 8	Andrea Bocelli Live in Tuscany (7:00 Start)
Sat Jan 11	Butch Cassidy and the Sundance Kid
Wed Jan 15	A Star is Born
Sat Jan 18	Apollo 11
Wed Jan 22	The Mule
Sat Jan 25	To Catch a Thief
Wed Jan 29	The Electric Horseman (by request)

Foulkeways Bulletin Committee

Editor: Anne Todd

Molly Diamond, Emilie Harting, Judy Inskeep,  
Jenny Stanton.

Photographers: Don Griffin, Lois Pan, Anne Todd

Articles provided by Foulkeways residents and  
FRA Committees.

Deadline for submission is the first of the month  
prior to the issue to be published. February 1 for  
March issue, for instance. Extra consideration will  
be given to articles submitted in the weeks before  
that deadline as space allocations are made  
earlier than the actual deadline.

Please submit materials to [Bulletin@foulkeways.net](mailto:Bulletin@foulkeways.net)

The Foulkeways Bulletin Committee reserves  
the right to edit materials for space and style.

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If you wish to receive the Foulkeways Bulletin  
by email, contact [Brian\\_Kersey@foulkeways.org](mailto:Brian_Kersey@foulkeways.org)